

SSDI Application Checklist

Documents and evidence to gather for a Social Security Disability Insurance claim.

Identity & Work History

- ☐ Social Security number and birth certificate
- ☐ Proof of U.S. citizenship or lawful status
- ☐ W-2 or self-employment records for the past year
- ☐ List of every job held in the last 15 years, with dates and duties

Medical Evidence

- ☐ Names, addresses, and phone numbers of all doctors and clinics
- ☐ Dates of visits, treatments, and hospitalizations
- ☐ List of all current medications, dosages, and prescribing doctors
- ☐ Copies of medical test results, imaging, and lab reports
- ☐ Contact info for caseworkers, therapists, or social workers

Daily Life & Functioning

- ☐ Written notes on how your condition limits daily activities
- ☐ Names of people who can describe your limitations
- ☐ Any assistive devices you use (cane, oxygen, hearing aids, etc.)

Application Support

- ☐ Bank direct-deposit information
- ☐ A trusted person to help track deadlines and mail
- ☐ A folder or binder to keep every SSA letter you receive

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